

Eagle Connects: Conversational Cafe

Stress Management

A Discussion on Stress Management and Supportive NCCU Student Resources

Speaker

Ms. Birshari Cox

Assistant Director for Clinical Services - Counseling Center Licensed Clinical Mental Health Counselor (LCMHC) and National Certified Counselor (NCC)

Ms. Cox will discuss ways to manage stress and resources provided by the Counseling Center.

Speaker

Dekendrick Murray

Director, Student Accessibility Services

Mr. Murray will discuss resources provided by Student Accessibility Services.





Webinar - Tuesday, October 4th, 6:30-7:30 pm



Focused on

assisting
adult learners

Dream.
Believe.
Achieve.

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